



Kindergarten Readiness Checklist

Parenting Tips to Help Your Child Succeed

BEING A GOOD PARENT IS ONE OF THE MOST DIFFICULT AND REWARDING JOBS YOU WILL EVER HAVE. EVERY PARENT WANTS THEIR CHILD TO SUCCEED IN SCHOOL AND IN LIFE.

Act as a positive role model by demonstrating a positive and healthy lifestyle. Be sure your lifestyle choices do not put your child at risk for physical or emotional harm.

Provide nutritious food, appropriate clothing and a safe and healthy home. Use an age/size appropriate car safety seat. Provide supervision according to your child's age and needs. Be constantly aware of the activity and whereabouts of your child.

Make sure your child gets regular medical and dental care. Know basic first aid techniques and treatments.

Understand your child's ages and stages. Interact with your child in a developmentally appropriate manner. Your child should be able to wait to get your attention and help to pick up toys.

Show affection to your child by providing hugs and gentle touches. Comfort your child when he or she is upset. Interact with your child through conversation, eye contact and facial expressions. Use positive words and avoid "put downs." Children respond best to praise and positive reinforcement for appropriate behaviors.

You are your child's first teacher – what you do does impact on your child's love of reading and learning success. Help your child get the most benefit from his/her school experiences to assure they reach their full potential. Be aware of community resources if you are having difficulties dealing with your child in any way.

- Prepare your child for school success by providing appropriate books and toys.
- Read to your child every day. Take your child to your local library.

<input type="checkbox"/>	<input type="checkbox"/>	Initiates and joins in conversations with adults and children
<input type="checkbox"/>	<input type="checkbox"/>	Asks questions about how things work in the world around him, for example: "Why do babies cry?"
<input type="checkbox"/>	<input type="checkbox"/>	Says and/or sings familiar nursery rhymes
<input type="checkbox"/>	<input type="checkbox"/>	Answers simple questions: who, what, when, where?

Books:

<input type="checkbox"/>	<input type="checkbox"/>	Holds and looks at books correctly: for example, holds the book right side up and turns the pages one at a time from front to back
<input type="checkbox"/>	<input type="checkbox"/>	Tells a story from the picture on the cover or in the book
<input type="checkbox"/>	<input type="checkbox"/>	Retells a simple story such as the <i>Three Little Pigs</i> after listening to it while looking at the pictures in the book
<input type="checkbox"/>	<input type="checkbox"/>	Makes simple predictions and comments about a story being read
<input type="checkbox"/>	<input type="checkbox"/>	Shows growing interest in reading and being read to

Numbers and Shapes:

<input type="checkbox"/>	<input type="checkbox"/>	Counts out loud from 1 to 10 in correct order
<input type="checkbox"/>	<input type="checkbox"/>	Identifies written numbers from one to ten
<input type="checkbox"/>	<input type="checkbox"/>	Puts written numerals in order from 1 to 10: 1, 2, 3, 4, 5, 6, 7, 8, 9, 10
<input type="checkbox"/>	<input type="checkbox"/>	Counts at least 5 objects such as 5 bananas and 5 cookies
<input type="checkbox"/>	<input type="checkbox"/>	Sees the numeral 3 and understands this means 3 objects, such as 3 cookies
<input type="checkbox"/>	<input type="checkbox"/>	Adds and subtracts familiar objects such as raisins
<input type="checkbox"/>	<input type="checkbox"/>	Recognizes and names 4 shapes: circle, square, rectangle and triangle
<input type="checkbox"/>	<input type="checkbox"/>	Uses familiar objects, such as raisins, to show concepts of more and less
<input type="checkbox"/>	<input type="checkbox"/>	Draws a line, circle, rectangle, triangle, X and +

Same, Different and Patterns:

<input type="checkbox"/>	<input type="checkbox"/>	Matches two pictures that are alike
<input type="checkbox"/>	<input type="checkbox"/>	Looks at groups of objects and says which are the same shape, color or size
<input type="checkbox"/>	<input type="checkbox"/>	Tells things that go together, for example: a spoon and fork are for eating and a fish and a boat go in the water
<input type="checkbox"/>	<input type="checkbox"/>	Repeats a pattern you start, for example: step, step, jump - step, step, jump
<input type="checkbox"/>	<input type="checkbox"/>	Puts three pictures in order, for example: 1. Planting flower seeds 2. Flowers growing 3. Picking flowers

Growing Up:

<input type="checkbox"/>	<input type="checkbox"/>	Tells full name, address and telephone number
<input type="checkbox"/>	<input type="checkbox"/>	Tells if he or she is a boy or a girl
<input type="checkbox"/>	<input type="checkbox"/>	Tells how old he or she is
<input type="checkbox"/>	<input type="checkbox"/>	Takes care of own needs such as toileting, washing hands, dressing and trying to tie his or her own shoes
<input type="checkbox"/>	<input type="checkbox"/>	Adjusts to new situations without parents being there
<input type="checkbox"/>	<input type="checkbox"/>	Runs, jumps, hops, throws, catches and bounces a ball
<input type="checkbox"/>	<input type="checkbox"/>	Rides a tricycle
<input type="checkbox"/>	<input type="checkbox"/>	Uses pencils, crayons and markers for drawing and writing, cuts safely with scissors
<input type="checkbox"/>	<input type="checkbox"/>	Attempts and completes tasks, understands it's okay to make mistakes
<input type="checkbox"/>	<input type="checkbox"/>	Remembers to say "please" and "thank you"
<input type="checkbox"/>	<input type="checkbox"/>	Resolves conflicts with playmates and others appropriately
<input type="checkbox"/>	<input type="checkbox"/>	Responds appropriately to his feelings and the feelings of others
<input type="checkbox"/>	<input type="checkbox"/>	Uses words to express feelings, "I'm angry", "I'm sad"
<input type="checkbox"/>	<input type="checkbox"/>	Takes turns, shares and plays with other children